

Unleashing the Power of Regret

Transforming Failure into Opportunity

Many people have stated that we have to live life without regrets. Most often that really means we should pursue the things we value in life. Unfortunately, the mindset has people running away from regrets before they've taken the time to analyze them. Do you have regrets in your life? At work? On your projects?

Regrets can provide a positive influence in our life since they are an indication that we are reflecting on the impacts of our decisions and often contemplating another recourse. People need to live in the present, but our experiences can create a depth of character that will empower our future.

Duane has regrets. One of his deepest regrets had catastrophic results when using a familiar tool incorrectly resulted in the amputation of 3 fingers and his thumb on his dominant hand. Duane used this regret as fuel to raise awareness of unsafe actions and to help others prevent injuries and encourage them to overcome adversity.

Regret shouldn't be a reason for defeated living, but rather an opportunity for future success. Don't dwell on regret and use it to beat yourself up, but let it inspire change. Duane will provide the tools you need to address your regret and help turn those nagging negative thoughts into future empowerment.

Do you have regrets? Are there things at work or in your project that could've run more smoothly? Have you addressed these issues or buried them? As you look toward the horizon, how can you use your regret to ensure an even more promising future? Take time to understand and own your regret and transform failure into opportunity!

Unleashing the Power of Regret is typically an hour long visual presentation. The presentation works well in both large and small settings and can be adapted, as required, to fit the setting and to address the distinct needs of the audience. For more information regarding availability and pricing details contact Duane at duane@stopcuttingcorners.ca.

There is more information available on Duane's website at www.stopcuttingcorners.ca

Other Presentations

STOP
Cutting Corners!
- Safety is in Your Hands



Injury Aftermath
- Navigating the
Emotional Trauma of
an Injury

A Brief History

Growing up in rural Saskatchewan, Canada I worked on the family farm, but also for my Dad's construction company specializing in excavation and concrete. After High School I went to SIAST and earned a diploma in Civil Technology. This led to working on Road Construction and Municipal Engineering projects with Engineering firms in Regina, Saskatchewan and Whitby, Ontario.



With a yearning to do more public speaking I decided to pursue a degree in Education at the University of Regina and became an Industrial Arts and Computer Science Teacher in Balcarres SK. After 5 and a half years teaching I changed careers again, moved to Regina and have been in the Information Technology Industry ever since.

While renovating our house in November of 2008 I exercised poor judgement in placing a premium on "time" rather than "safety" which resulted in the amputation of three fingers and my thumb on my right hand. After enduring this very painful experience I found that telling others about my injury was also a source of healing for me. Now I am using my presentation as a way to positively impact people in industry and at home with injury prevention. I'm proud to be a Safety & Motivational Speaker in Saskatchewan and an endorsing partner of Safe Saskatchewan and the Mission Zero initiative.



Testimonials

@djaniskevich excellent presentation on "Unleashing the Power of Regret". Easily the best of the conference, including keynote speakers too!

Jeff@JammersT, 2012 PMI South Saskatchewan Professional Development Conference(Tweeted)

Of all the speakers we have had, your presentation was the most powerful. You could hear a pin drop when you spoke, particularly the last half. It was like great movie: it starts slowly and builds to a climax and holds the listeners captivated as almost in a trance. We were so blessed to have had the opportunity to hear you. You have a talent unsurpassed in all respects.

J Lucyk - Regina Gyro Club

What a fantastic way to make people think of the many choices and consequences we are faced with every day. Duane's way of explaining regret is a must see and hear for all ages!

R Lemoine – directeur - Ecole Monseigneur de Laval

"Good job! Funny! It's obvious that your regret has led to greatness!"

S MacDonald – Prairie Valley School Division